



PROCEDURAL GUIDELINES  
CORPORAL PUNISHMENT/PHYSICAL RESTRAINT

The Huron-Superior Catholic District School Board is committed to the establishment and maintenance of safe, caring, equitable and inclusive school and workplace environments for all pupils, staff and members of the school community.

The use of corporal punishment is prohibited. The Board supports the use of progressive discipline, if appropriate and promotes positive student behaviour.

DEFINITIONS

Corporal Punishment: the infliction of physical pain...as a penalty for doing something which has been disapproved of, by the punisher. Corporal punishment includes the use of the strap, manhandling, or striking with objects or the body.

The term “corporal punishment” will not apply to the use of **reasonable physical restraint** in the following situations:

- For the purposes of self-defence;
- To protect other persons from physical injury;
- To protect property of the school or of others
- To remove a student if the student has refused to comply with requests to refrain from disruptive behaviour. It is recognized that at times, restraint may need to be exercised by those in positions of authority. The Criminal Code allows for the use of force to prevent the commission of an offence. Only the least amount of force necessary should be used.

GUIDELINES

In the event that physical restraint is used, related to the incidents listed above, the following reporting procedure will be followed:

1. Contact parent(s)/guardian(s);
2. File a written report with the principal (or superintendent) about relevant details;
3. Principal to document the date and reason for action using the Physical Restraint Incident Reporting form – see Related Forms.
4. Debriefing of staff
  - reviewing the antecedent or trigger for prevention in the future
  - reviewing the stages of response ( de-escalation techniques used or what could be used in the future)
  - checking for physical and emotional well-being, discuss next steps if appropriate.