

## Appendix 10: Additional Asthma Resources for Schools

### Ophea Asthma Education Resources

The following free resources are available from Ophea at [www.ophea.net/order](http://www.ophea.net/order). Also visit [www.asthmafriendly.ca](http://www.asthmafriendly.ca) for resources.

Managing Asthma in Our Schools video

Asthma in Schools: What Educators Need to Know

Asthma and Physical Activity: What Physical Educators and Coaches Need to Know

The Basics of Asthma, Allergies, and Anaphylaxis Fact Sheet

### Community Resources

Food Allergy Canada

[www.foodallergycanada.ca](http://www.foodallergycanada.ca)

Asthma Society of Canada

[www.asthma.ca](http://www.asthma.ca)

[www.asthmakids.ca](http://www.asthmakids.ca)

MedicAlert Foundation of Canada

[www.medicalert.ca](http://www.medicalert.ca)

Health Canada

[www.hc-sc.gc.ca/index-eng.php](http://www.hc-sc.gc.ca/index-eng.php)

The Lung Association - Ontario

[www.on.lung.ca](http://www.on.lung.ca)

[www.kidsasthma.ca](http://www.kidsasthma.ca)

Ontario Ministry of Education

[www.edu.gov.on.ca/eng/](http://www.edu.gov.on.ca/eng/)

Ontario Ministry of the Environment and Climate Change

[www.airqualityOntario.com](http://www.airqualityOntario.com)

The Weather Network

[www.theweathernetwork.ca](http://www.theweathernetwork.ca)