

Appendix 3: Creating Asthma Friendly Schools Implementation Flow Chart

Creating Asthma Friendly Schools Implementation Flow Chart



Step One: Establish a process to identify students with asthma.

Include questions about asthma on registration forms (e.g., Does your child/ward have asthma? Does your child/ward use asthma medicines?)



Step Two: Allow students with asthma easy access to asthma medication.

Follow your board's asthma policy or medication policy to ensure that students with asthma have easy access to their asthma medications. Asthma medications should never be locked up. Students seven years or older are usually capable of deciding when and how to use their asthma inhalers. If students require help administering medication, ensure it is easy to access.



Step Three: Establish a process for handling worsening asthma.

Follow your board's policy for recognizing and managing worsening asthma and asthma emergencies. Display the *Managing Asthma Attacks* poster in various locations (i.e., gym, front office, main lobby).



Step Four: Identify and reduce common asthma triggers within the school.

Take action to reduce exposure to asthma triggers (e.g., dust, moulds, pests, fumes and fragrances).



Step Five: Encourage students with asthma to participate in physical activity and play.

Support students with asthma to participate in physical activity and play. Monitor students for asthma symptoms.



Step Six: Provide opportunities for asthma education.

Provide learning opportunities for staff, students with asthma, parents/guardians and the general student body on:

- asthma signs and symptoms;
- triggers;
- medication and use; and
- asthma emergencies.



Step Seven: Collaborate with community partners to create an asthma friendly school.

Consult with asthma experts annually to review and update policies that support students with asthma. Work with families of students with asthma to help support successful asthma management at school.

