

POLICY TITLE:	WORKPLACE ERGONOMICS	Approved:	October 20, 2021
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POLICY

As part of its mission, the Huron-Superior Catholic District School Board (the "board") affirms the sacredness of life and the dignity of each person. The board's respect for all humans as children of God is evident in its commitment to protect the health and wellness of all of its employees. The board recognizes that individual health practices, as well as the physical environment, are important factors that contribute to each employee's personal success and positive contribution to the board's mission.

Ergonomic hazards can contribute to the development of musculoskeletal disorders (MSDs), which can develop as a result of overuse of body tissues through awkward, repetitive and/or forceful movements. This policy was developed to provide a resource to help all employees of the board correct ergonomic issues in their individual work areas and to design tasks to achieve optimum performance of a task while minimizing the risk of injury or discomfort.

ADOPTED

Regular Meeting – October 20, 2021 Motion B–611

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