



Huron-Superior Catholic

DISTRICT SCHOOL BOARD

Appendix B - Human Development and Sexual Health Instruction Exemption Form

Having reviewed the Human Development and Sexual Health expectations in the elementary Ontario Health and Physical Education curriculum for my child's grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty.

During the exemption period, I would like my child to [*select one only*]:

- ☐ Remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child's activities *unrelated* to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
- ☐ Leave the classroom and remain in the school under staff supervision. I understand that my child's activities during the exemption period will be at the discretion of the teacher or principal.
- ☐ Be released into my care or the care of my approved designate.

NOTE: If one of the three options above is not selected, the principal or the principal's designate will determine where in the school the child is to remain during the exemption period.

Notice of Period of Instruction** In this form, the *period of instruction* refers to the period, including the beginning and end dates, during which instruction in Human Development and Sexual Health during health and physical education classes is delivered. This period could extend over several days or weeks, depending on individual schools' calendars and teachers' lesson plans. Please note, in the case of an unforeseen event, school boards and schools have the authority to move the period of instruction to a later date in the school year. Notice of the change will be communicated to parents as soon as reasonably possible.

For this school year, the period of instruction related to the Human Development and Sexual Health expectations in your child's grade will start on _____ and end on _____. The daily schedule for this instruction is attached.

I understand and agree with the following statements:

- The Human Development and Sexual Health expectations in strand D of the health and physical education curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year.
- References to or conversations about sexual health–related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption.
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations.
- Requests for exemption made by phone, or exemption forms or written requests that do not have a parental signature, will not be accepted.
- This exemption form must be returned by _____ [the deadline must not be more than five days before the start of instruction] for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019*.

Child's Last Name

Child's First Name

Grade and Class

Date

Parent's Name (print)

Parent's Signature

PLEASE NOTE:

You will receive an acknowledgement from the school by letter, by _____
[insert date; two days after the deadline outlined below].

If you do not receive an acknowledgement, please contact: _____
[contact name here].

Please return this signed form no later than: _____ [insert date; the
deadline must not be more than five days before the start of instruction]