

HSCDSB HOCKEY CANADA SKILLS ACADEMY INFORMATION PACKAGE 2023-2024

PURPOSE OF THE HCSA PROGRAM

(As defined by Hockey Canada)

The primary objective of the HCSA program is to enhance the educational experience of each student by integrating hockey into their school day.

HCSA programs enhance the confidence, self-esteem and opportunities for students in both academics and athletics beyond the primary, intermediate and secondary school system, while making efficient use of arena facilities during school-day hours.

The intention of the HCSA program is not to develop future professional or international-calibre athletes, but rather to deliver individual technical skill development to students currently playing hockey during the school day while also offering the chance for all students to try the game at in an accessible school setting.

The overall objectives of the HCSA program are to:

- ✓ Enhance academic achievement through the motivation of establishing a balance of both academics and athletics within the school system.
- ✓ Enhance individual technical and tactical skill development.
- ✓ Assist in equalizing the development opportunity for:
 - ✓ Late birthdays
 - ✓ Late bloomers
 - ✓ Late starters
 - ✓ Late maturity

PROSPECTIVE STUDENTS

- ✓ Any students who are interested and will be in Grade 5, 6, 7, 8, 9 or 10, may register.
- ✓ Any students, regardless of participation in organized hockey, may register.
- ✓ Any student, regardless of skill level, may register.
- ✓ Any student, regardless of family income status, may register.
- ✓ Students enrolled in an HCSA program must maintain academic and behaviour standards established and monitored by the school and/or school board to remain in the program.



ELEMENTARY PROGRAM

Offered at St. Basil Catholic Elementary School in Grade 5, 6, 7 and 8.

- ✓ 40 hours of on-ice time dedicated to individual skill development throughout the school year.
- ✓ Instruction by a certified classroom teacher and certified hockey coach.
- ✓ On-ice instruction and support from community partners and former professional hockey players.
- ✓ 8 off-ice sessions and training dedicated to conditioning, fitness, nutrition and mental health led by a certified community expert.
- ✓ Transportation to and from the arena.
- ✓ Hockey Canada Skills Academy hockey jersey and t-shirt
- ✓ Premium access to the St. Basil Outdoor Rink
- ✓ In school leadership opportunities
- ✓ Access to Before and After School Programs at St. Basil



SECONDARY PROGRAM

Offered at St. Mary's College in Grade 9 and 10.

- ✓ 32 hours of on-ice time dedicated to individual skill development throughout the semester.
- ✓ Instruction by a certified secondary teacher and certified hockey coach.
- ✓ On-ice instruction and support from community partners and former professional hockey players.
- ✓ 8 off-ice sessions and training dedicated to conditioning, fitness, nutrition and mental health led by a certified community expert.
- ✓ Transportation to and from the Arena.
- ✓ Hockey Canada Skills Academy hockey jersey and t-shirt
- ✓ In school leadership opportunities



PROGRAM COSTS

<u>Payment Schedule</u>	<u>Payment Date</u>	<u>Elementary</u>	<u>Secondary</u>
Non-Refundable Registration Deposit Due	April 7, 2023	\$200.00	\$200.00
Second Installment Due	June 16, 2023	\$200.00	\$250.00
Balance Due	September 8, 2023	<u>\$250.00</u>	<u>\$250.00</u>
Total Registration Cost		\$650.00	\$700.00

Payment methods include: Cheque or eTransfer

(In an effort to ensure equity and inclusion, any families who require any form of financial assistance are asked to contact Nadine Perlini, Administrative Assistant at nadine.perlini@hscdsb.on.ca or (705) 945-5690.)

TRANSPORTATION

- ✓ Transportation to and from school on hockey days (2 times/week) will require a parent to drop off the equipment at school between 8:40-8:55am and pick up between 3:05-3:15pm (elementary).
- ✓ All out-of-zone students will require their own daily transportation to and from school.
- ✓ On hockey days, bus transportation is provided to and from the arena.



EQUIPMENT

- ✓ Students are responsible for supplying their own hockey equipment for all on-ice sessions.
- ✓ In the event that a student requires articles of equipment, assistance can be provided upon request.
- ✓ All CSA approved hockey equipment must be worn at all times.
- ✓ Equipment will be stored at school in designated areas.

EXAMPLE OF A TYPICAL DAY OF A STUDENT

Elementary Hockey Day Schedule:

8:40-8:55	Parent drop off student and equipment
8:55-10:25	Instructional time - Block 1 and 2
10:25-10:40	Nutrition Break
10:40-11:00	Bus ride to the arena
11:00-11:30	Getting dressed at the arena
11:30-12:30	On-ice instruction and individual skill development
12:30-12:45	Getting undressed/shower
12:45-1:00	Bus ride back to school
1:00-1:35	Nutrition Break and Recess
1:35-2:55	Instructional time - Block 5 and 6
2:55-3:15	Dismissal/Parent Pick Up

ADMISSION CONSIDERATIONS

- ✓ Student applicants must be registered and enrolled in grades 5, 6, 7, 8, 9 or 10.
- ✓ If financial assistance is required, parents will be notified upon admission to the program.
- ✓ Students must demonstrate a strong commitment to their overall academics and, ongoing success in all learning skills. More specifically, preference will be given to students who demonstrate a strong commitment to: co-operation with others, independent work habits, and the willingness to set goals for improvement.
- ✓ The program strives for a balance of male and female participants.
- ✓ The school principal will give applicants final approval of acceptance into the program.
- ✓ A lottery will decide placement if the number of successful applicants exceeds the space in the program.
- ✓ If more than one student applies from a family/household and the placement decision is based on a lottery, all students from the household will be offered placement in the program upon one sibling being drawn.
- ✓ Successful applicants not drawn will be offered a place on a wait list.
- ✓ For students out of zone, out of zone approval must be obtained.
- ✓ Students accepted into the HSCDSB Hockey Canada Skills Academy will complete a HSCDSB Hockey Academy Contract at the beginning of each year and/or semester they attend the program.



PROGRAM INSTRUCTORS

Fred Slukynsky

- ✓ HSCDSB Hockey Canada Skills Academy Instructor and Teacher
- ✓ Grade 5/6 Teacher - St. Basil
- ✓ Hockey Canada Certified Coach
- ✓ Played 1 year for the Portage Terriers of the Manitoba Junior HL
- ✓ Played 2 years for the Yorkton Terriers of the Saskatchewan Junior HL
- ✓ Played 4 years of NCAA Division 1 for the Lake Superior State University Lakers
- ✓ Played 3 years of semi-professional hockey for the Fort Wayne Komets of the United Hockey League and the Dayton Bombers of the East Coast Hockey League
- ✓ Former Head Coach of the St. Basil Secondary School Hockey Team (NOSSA Title)
- ✓ Former Assistant Coach of the St. Mary's College Hockey Team (NOSSA Titles)
- ✓ Local minor hockey coach (Timbits-13UA)



Adam Carricato

- ✓ HSCDSB Hockey Canada Skills Academy Instructor and Teacher
- ✓ Grade 7/8 Teacher - St. Basil
- ✓ Trilingual (English, French, German)
- ✓ Hockey Canada Certified Coach
- ✓ Hockey Canada Certified Goalie Instructor
- ✓ Played goalie up to Midget AA
- ✓ Played goalie 1 year in the German Junior HL for the Ratingen Ice Aliens '97
- ✓ Local minor hockey coach (8U-15U)
- ✓ Soo Pee Wee Hockey Association (VP Operations, Treasurer, Tournament Director)
- ✓ Former Soo Black Sox Coach (11U-18U)
- ✓ Soo Minor Baseball Association Executive (Website Manager)



Aaron Gavey

- ✓ HSCDSB Hockey Canada Skills Academy On-Ice Instructor
- ✓ Hockey Canada Certified Coach
- ✓ Played 170 games in the OHL (Soo Greyhounds)
- ✓ Memorial Cup Champion with the Soo Greyhounds in 1993
- ✓ World Junior Champion with Team Canada in 1994
- ✓ Played 285 games in the AHL (St. John's, Utah, Portland)
- ✓ Played 360 games in the NHL (Tampa Bay, Calgary, Dallas, Minnesota)
- ✓ Stanley Cup Champion with the Dallas Stars in 1999
- ✓ Played one season in Cologne, Germany for Köln Haie



Tyler Belanger

- ✓ HSCDSB Hockey Canada Skills Academy Off-Ice Instructor
- ✓ Certified Teacher in Ontario - Phys Ed and Health
- ✓ President and Founder of NeuroGains cognitive testing and training clinic
- ✓ Owner of Rebel Gym
- ✓ Strength and Conditioning Coach
- ✓ Certified CrossFit Instructor





STEPS TO REGISTER

1. Attend the Parent Information Meeting on March 29, 2023 at 6:00pm at St. Basil.
2. Go to www.hscdsb.on.ca -> Students -> Programs & Initiatives -> Hockey Canada Skills Academy
3. Complete and submit an application form on or before **April 7, 2023**.
4. Pay registration deposit by Cheque or e-Transfer on or before April 7, 2023.
5. Wait for communication regarding acceptance into the program.
6. Pay second installment on or before June 16, 2023.
7. Pay final installment of the balance due on or before September 8, 2023.

FOLLOW US

To see current program videos and information, follow us on Facebook or Instagram



@ *hscdsbhockeyacademy*

CONTACT US

For more information regarding the program, please contact one of the following:

Fred Slukynsky

fred.slukynsky@hscdsb.on.ca

Grade 5/6 Programming Inquiries

Adam Carricato

adam.carricato@hscdsb.on.ca

Grade 7/8 Programming Inquiries

Christopher Czop

christopher.czop@hscdsb.on.ca

Grade 9/10 Programming Inquiries

Nadine Perlini

nadine.perlini@hscdsb.on.ca

Application and Payment Inquiries



90 Ontario Avenue, Sault Ste. Marie, ON P6B 6G7

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