

## **HSCDSB HOCKEY CANADA SKILLS ACADEMY INFORMATION PACKAGE 2025-2026**

### **PURPOSE OF THE HCSA PROGRAM**

*(As defined by Hockey Canada)*

The primary objective of the HCSA program is to enhance the educational experience of each student by integrating hockey into their school day.

HCSA programs enhance the confidence, self-esteem and opportunities for students in both academics and athletics beyond the primary, intermediate and secondary school system, while making efficient use of arena facilities during school-day hours.

The intention of the HCSA program is not to develop future professional or international-calibre athletes, but rather to deliver individual technical skill development to students currently playing hockey during the school day while also offering the chance for all students to try the game at in an accessible school setting.

### **The overall objectives of the HCSA program are to:**

- ✓ Enhance academic achievement through the motivation of establishing a balance of both academics and athletics within the school system.
- ✓ Enhance individual technical and tactical skill development.
- ✓ Assist in equalizing the development opportunity for:
  - ✓ Late birthdays
  - ✓ Late bloomers
  - ✓ Late starters
  - ✓ Late maturity

### **PROSPECTIVE STUDENTS**

- ✓ Any students who are interested and will be in Grade 5, 6, 7 or 8 may register.
- ✓ Any students, regardless of participation in organized hockey, may register.
- ✓ Any student, regardless of skill level, may register.
- ✓ Any student, regardless of family income status, may register.
- ✓ Students enrolled in an HCSA program must maintain academic and behaviour standards established and monitored by the school and/or school board to remain in the program.



## ELEMENTARY PROGRAM

*Offered at St. Basil Catholic Elementary School in Grade 5, 6, 7 and 8.*

- ✓ 38 hours of on-ice time dedicated to individual skill development throughout the school year.
- ✓ Instruction from a certified teacher and certified hockey coach.
- ✓ On-ice instruction and support from community partners and former professional hockey players.
- ✓ 10 off-ice sessions and training dedicated to conditioning, fitness, nutrition and mental health led by a certified community expert.
- ✓ Transportation to and from the arena.
- ✓ Hockey Canada Skills Academy hockey jersey, hockey socks, and t-shirt.
- ✓ In-school leadership opportunities
- ✓ Access to Before and After School Programs at St. Basil



## PROGRAM COSTS

Payment of non-refundable \$100.00 per student is due with application by June 18, 2025.

Payment methods include: Cheque or eTransfer

*(In an effort to ensure equity and inclusion, any families who require any form of financial assistance are asked to contact Janice D'Orazio, Administrative Assistant at [Janice.dorazio@hscdsb.on.ca](mailto:Janice.dorazio@hscdsb.on.ca) or 705-945-5632.)*

## TRANSPORTATION

- ✓ Transportation to and from school on hockey days (2 times/week) will require a parent to drop off the equipment at school between 8:40-8:55am and pick up between 3:05-3:15pm.
- ✓ All out-of-zone students will require their own daily transportation to and from school.
- ✓ On hockey days, bus transportation is provided to and from the arena.

## EQUIPMENT

- ✓ Students are responsible for supplying their own hockey equipment for all on-ice sessions.
- ✓ In the event that a student requires articles of equipment, assistance can be provided upon request.
- ✓ All CSA approved hockey equipment must be worn at all times.
- ✓ Equipment will be stored at school in designated areas.

## EXAMPLE OF A TYPICAL DAY OF A STUDENT

### Elementary Hockey Day Schedule:

8:40-8:55	Parent drop off student and equipment
8:55-10:25	Instructional time with homeroom teacher - Block 1 and 2
10:25-10:40	Nutrition Break
10:40-11:00	Bus ride to the arena with the other HCSA students



11:00-11:30	Getting dressed at the arena
11:30-12:30	On-ice instruction and individual skill development
12:30-12:45	Getting undressed/shower
12:45-1:00	Bus ride back to school
1:00-1:35	Nutrition Break and Recess
1:35-2:55	Instructional time with homeroom teacher - Block 5 and 6
2:55-3:15	Dismissal/Parent Pick Up

### ADMISSION CONSIDERATIONS

- ✓ Student applicants must be registered and enrolled in grades 5, 6, 7 or 8 at St. Basil.
- ✓ Students must demonstrate a strong commitment to their overall academics and commitment to hockey skill development.
- ✓ Student applicant's past attendance and behaviour record will be considered.
- ✓ The school principal will give applicants final approval of acceptance into the program.
- ✓ A lottery will decide placement if the number of successful applicants exceeds the space in the program.
- ✓ Late applicants will be placed on a first-come, first-served waiting list.
- ✓ Students may apply throughout the year if space is available.
- ✓ For students out of zone, out of zone approval must be obtained.

### PROGRAM INSTRUCTORS

#### Julia Neveau

- ✓ HSCDSB Hockey Canada Skills Academy Instructor and Teacher (1-year)
- ✓ Hockey Canada Certified Coach
- ✓ Bilingual (English/French)
- ✓ Played NCAA Division 1 Women's Ice Hockey - Mercyhurst University
- ✓ Played National Inline Hockey: Team Canada
- ✓ Played Soo Junior Greyhounds Girls (U10-U18)
- ✓ Local minor hockey coach (U5HL-U8HL)
- ✓

#### Tyler Belanger

- ✓ HSCDSB Hockey Canada Skills Academy Off-Ice Instructor
- ✓ Certified Teacher in Ontario - Phys Ed and Health
- ✓ President and Founder of NeuroGains cognitive testing and training clinic
- ✓ Owner of Rebel Gym
- ✓ Strength and Conditioning Coach
- ✓ Certified CrossFit Instructor





## STEPS TO REGISTER

1. Attend the Parent Information Meeting on **June 9, 2025** at 6:00pm at St. Basil Amphitheatre.
2. Go to [www.hscdsb.on.ca](http://www.hscdsb.on.ca) -> Students -> Programs & Initiatives -> Hockey Canada Skills Academy
3. Complete and submit an application form on or before **June 18, 2025**.
4. Pay \$100 non-refundable registration fee by Cheque or e-Transfer before June 18, 2025.
5. Wait for communication regarding acceptance into the program.

## FOLLOW US

To see program videos and information, follow us on Facebook or Instagram



@ *hscdsbhockeyacademy*

## CONTACT US

For more information regarding the program, please contact one of the following:

Julia Neveau

[julia.neveau@hscdsb.on.ca](mailto:julia.neveau@hscdsb.on.ca)

Programming Inquiries

Janice D'Orazio

[janice.dorazio@hscdsb.on.ca](mailto:janice.dorazio@hscdsb.on.ca)

Application and Payment Inquiries



90 Ontario Avenue, Sault Ste. Marie, ON P6B 6G7

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